

Chester u3a Walking Risk Assessment Form

Walk Leader (Risk Assessor)		Distance in km (D)	
Date of Walk		Ascent in m (A)	
Location of Walk		Difficulty = D+ A/100	
Answer <u>all</u> Questions as Y, N or N/A. If any question is No, then give mitigation.			
Item	Y/N	Mitigation	
Recce. Have you researched the route you will be taking to identify any hazards and/or obstacles?			
Have you given members an overview of the walk and the identified hazards/obstacles e.g. the number of stiles, likely boggy areas etc?			
Do members know the length and difficulty of the walk?			
Traffic. Are there suitable crossing places on the road?			
Are your attendees aware they must maintain single file on road sections?			
Animals. Have you notified members of any routes through fields with livestock in?			
Are dogs kept on leads in relevant areas (such as around livestock, in urban areas)?			
Are members aware of the increased risk of attack by cattle when walking with dogs?			
Is the walk free from any danger of ticks or bites/stings as far as you know?			
Safety. Do you have the correct equipment needed for the walk (e.g., map, compass, whistle)?			
Have you taken an attendance register?			
Do you have emergency contacts for all attendees?			
Do you have a charged phone with emergency contact details stored on it?			
Does someone know when you are expected back?			
Have members been reminded to wear appropriate footwear?			
Do you have a backmarker to stay in sight and communication with group?			
Will you be able to obtain visibility or mobile phone signal?			
Have members attendees brought refreshments (such as water) for the walk?			
Is there a first aid kit?			
Weather. Have you checked the Weather Forecast?			
Is it unlikely for there to be extreme temperatures, heavy rainfall, high wind or otherwise severe weather?			
Have walkers brought suitable clothes and footwear, and appropriate items (such as waterproofs) for the weather?			
Other identified Risks	Mitigation		