

Chester u3a Outdoor Sporting Risk Assessment Form

Interest Group		Date	
Group Leader		Risk Assessor	
Description of Activity			
Name of Venue			

Answer all Questions as Y, N or N/A. If any question is **No**, then give mitigation.

Item	Y, N or N/A	Mitigation
Wellbeing and Safety. Have you taken a register?		
Do you have emergency contact details for all members?		
Have you check the weather to ensure suitability?		
Do all attendees have access to water?		
Have all attendees removed loose jewellery?		
Are all attendees wearing appropriate footwear and kit?		
Have attendees properly warmed up?		
Have the attendees had the opportunity to make the group leader aware of any illness that may impact their participations and actions that should be taken?		
Is there a space for attendees who need to take a break?		
Is there a first aid box that is easy to access and fully stocked?		
Activity Area. Is the activity taking place in an area specifically designed for this purpose (e.g. a tennis court)?		
Is the activity area suitable for the activity taking place?		
Is the activity area accessible for attendees?		
Is the activity area accessible for emergency vehicles?		
Have you inspected the activity area for hazards?		
Have you removed any hazards in the area if safe to do so?		
Are spectators kept a safe distance away from the activity?		
Is there a secure area to store attendees' belongings during the activity?		
Equipment. Is the equipment in good condition and fit for use?		
Have the attendees received instruction on the correct use of equipment?		
Is there the correct equipment/vehicle to transport heavy items for the activity?		
Is there a lockable storage or secure area to store the equipment when not in use?		

Other identified Risks	Mitigation